



# Mary Helen Vargas

MAY 21, 1947 - JUL 8, 2015



Scan to Visit



# Table of Contents

<b>Obituary</b> .....	Page 3
<b>Tribute Wall</b> .....	Page 4



## Mary Helen Vargas

MAY 21, 1947 - JUL 8, 2015

Mary Helen Vargas, 68, of Garland, passed away June 7, 2015 in Carrollton, Texas. Rosary will be held at Restland Funeral Home in Dallas, TX on June 12, 2015 at 7pm. Mass will be held at St. Joseph's Catholic Church in Richardson, TX on June 13, 2015 at 10:30am with Father James Wilcox officiating. Reception will immediately following the Mass. Mary Helen was born in San Antonio, TX to Guadalupe and Lucille Lopez on May 21, 1947. She went to high school at St. Francis Academy and graduated in 1965. She worked for 20+ years at Medical City Dallas Hospital as the Benefits Coordinator for Human Resources and Heart, Lung and Kidney Transplants. She moved to Dallas Independent School District where she worked for 25 years before retiring. Mary Helen is preceded to Heaven by her husband, Roger R Vargas, Sr. and her mother, Lucille Lopez. Mary Helen is survived by her father, Guadalupe Lopez Sr; her brother and sisters, Armando Lopez, Arnold Lopez, Guadalupe Lopez, Jr., Nelia Hemmer, Ferman Lopez, David Lopez, and Rebecca Ramirez; her children Renee Vargas-Herrin, Roxana Vargas-Hebert, Roger R Vargas Jr; her step children Robert Vargas and Sara Vargas; 7 grandchildren Amandine Lemonnier, Jude Hebert, Kayley Vargas, Caitlyn Herrin, Roger (Trey) R Vargas III, Camille Vargas, and Sydney Herrin. In addition to her countless nieces and nephews. The family wishes to extend their gratitude to the Vitas Hospice for their support in hers final days. Funeral arrangements have been entrusted to Restland Funeral Home and Memorial Park, 13005 Greenville Avenue, Dallas, TX 75243. In lieu of flowers, memorial donations may be made to American Cancer Society or The National Pancreatic Cancer Foundation.



## Tribute Wall

**Mary Helen Vargas**

MAY 21, 1947 - JUL 8, 2015

MT

**Margaret Ruiz Torres** posted:

Lopez Families, My heartfelt Condolences to your families, may Our Lord give you STRENGTH during your time of SORROW, find PEACE in her loving MEMORIES. Mary Helen and I were BEST friends in elementary school and St. Francis Academy. Enjoyed many many vacations at the coast with her parents and siblings. They were such a LOVING family to be around. Keeping all of you in my daily PRAYERS. Ms. Margaret Ruiz Torres and siblings and in behalf of my deceased parents Juan and Maria Torres

August 24 at 7:39 PM

ME

**Megan** posted:

Lit a candle in memory of Mary Helen Vargas

August 24 at 6:06 PM

ME

**Megan** posted:

I am so sorry for your loss. She was a very special lady who was loved by many. She was always kind and loving to me, growing up. I know she will be missed dearly but knowing she is in a better place brings much comfort. May her soul rest in the hands of our Heavenly Father! God Bless, the Vargas family. Love, Megan (Kennedy) McNabb

August 24 at 5:15 PM

SH

**Sylvia M. Huizar** posted:

The 1965 graduates of St. Francis Academy in San Antonio, TX will always remember Mary Helen's kindness, loyalty and her unwavering love of the Lord. She will always be remembered as God's gift to us as a true and loyal friend. It is so hard to let someone go who means so much too so many people. Let our everyday memories of Mary Helen warm our hearts every time we are feeling the loss of our friend who inspired us to do our best in life. Our deepest sympathy and prayers go out to her family. Sylvia M. Huizar '65

August 24 at 4:30 PM



## Tribute Wall

**Mary Helen Vargas**

MAY 21, 1947 - JUL 8, 2015

PC

**Penny Churchill** posted:

Sending many thoughts and prayers to Mary Helen's family. I worked with Mary Helen at Medical City Dallas Hospital for many years. She was such a delightful, warm and kind hearted person with every person she came in contact. So very sorry to hear that she has passed.

August 24 at 1:51 PM

AS

**Araceli Saldana (Sally)** posted:

Mary Helen I know that you are asleep for a while but you will wake up soon; God has promised (see Revelations 21:3&4) You will be missed. Sally

August 24 at 12:55 PM

PO

**Pepe,Terry,Leslie,Danny And Alyssa Olguin.** posted:

Pepe,Terry,Leslie,Danny and Alyssa Olguin. purchased the Arrive in Style for the family of Mary Helen Vargas.

August 24 at 11:03 AM

BB

**Bev Benner** posted:

This is a very late entry but I couldn't pass up the opportunity to extend my sympathies to Mary Helen's family on her passing. One of my nurse friends at Medical City posted this to my Facebook page and I'm just now seeing it. Mary Helen was a light in a dark world !! She was always warm and welcoming and her laughter was infectious ?? I knew her via the HR department at Medical City where I worked from 1982-2006 as an RN. She was a kind, intelligent, gracious woman, and had a spirit full of joy. When I think of her my heart smiles ?? She was a great lady !! I am so sorry for your loss..... Sincerely, Bev Benner 11-9-2015

August 24 at 10:18 AM



## Tribute Wall

**Mary Helen Vargas**

MAY 21, 1947 - JUL 8, 2015

DM

**Debby Martin** posted:

Mary Helen is part of my best memories while I lived in Dallas. We worked together at Medical City Dallas for 7 years. The HR department there was my local family and she my adopted sister. She had a wonderful sense of humor, and we always had a great time together. I admired her devotion to her family. Her family was very special to me as well, and I want to express my deepest sympathy to her brothers, sisters, father and especially her children. Her son Roger and my son Ryan were in fact born on the same day. The last few years, Mary Helen and I only connected at Christmas and occasionally on our birthdays which are both in May. I will sorely miss those connections as I thought of her often. Thanks so much to Pat Blencowe and Ginny Haldemann for thinking of me. Debby Martin (Miller) Warrenton, Virginia

August 24 at 9:04 AM

SH

**Shauna** posted:

Roxana and Family...I am so sorry for your loss. I am praying for you and your mother...beautiful soul on Earth and in Heaven. God Bless.

August 24 at 8:38 AM

SS

**Shauna Marie Swenholt** posted:

Shauna Marie Swenholt purchased the Full Of Love Bouquet for the family of Mary Helen Vargas.

August 24 at 5:40 AM

SS

**Shauna Swenholt** posted:

How true, Natalie!

August 24 at 5:30 AM

NF

**Naturesweet Family** posted:

NatureSweet Family purchased the Blooming Garden Basket for the family of Mary Helen Vargas.

August 23 at 7:49 PM



## Tribute Wall

**Mary Helen Vargas**

MAY 21, 1947 - JUL 8, 2015

RD

**Restland Of Dallas** posted:

Sweetest Sunrise Bouquet was purchased for the family of Mary Helen Vargas.

July 7 at 7:00 PM

CM

**Carmelo,Alice And Carmelo (Jr.)Monge Fam** posted:

We shared a lot of wonderful moments with your mother and father. At a very young age we shared the love she had for her parents ,brothers and sisters,husband and her children. The weddings ,parties and holidays.The first home Roger and Mary Helen lived in his grandmothers home and we always went together everywhere with them and shared the first miracle announcement of them expecting there first baby girl Renee our God child. Then there second miracle Roxanne and then Boogie ( little Roger) We go back a very long way. There first new home. We missed them all when they moved to Dallas. We will always love all the Vargas family.

July 7 at 7:00 PM

MW

**Marilyn Wyatt** posted:

I count myself lucky to have been a friend to this lady. She was always so cheerful and full of happiness. If you were around her you were laughing. She had a way of doing her job and making it fun. I have been try's to find her for the past couple of years. Wanted to renew my friendship. Now I have to wait til we are in Heaven together. I know this lady is going around making everyone's day. Putting a smile on everyone she meets. Love you Maryhelen.

July 7 at 7:00 PM

RD

**Restland Of Dallas** posted:

Blooming Garden Basket was purchased for the family of Mary Helen Vargas.

July 7 at 7:00 PM

HE

**Heidi** posted:

Mrs. Vargas gave the best hugs! She was always at every sporting event supporting the Packers. I will miss her warm smile, her comforting words and genuine love. God bless you all!!!

July 7 at 7:00 PM



## Tribute Wall

**Mary Helen Vargas**

MAY 21, 1947 - JUL 8, 2015

VG

**Valerie Gilbert** posted:

Sorry for ya'lls loss. She was such a joy to be around at family gatherings. You couldn't help but smile just being around her and listening to her.

July 7 at 7:00 PM

NS

**Natalie Smith** posted:

Mrs Vargas was always smiling!!! The fun bday slumber parties are forever in my mind when I think about her... She always made sure us girls were having fun... And the talent show performances. Without Mrs Vargas, I would not have performed to my highest potential... Ha! I can remember her telling me more energy, eye contact, smile!!!!!! Roxana and family, my prayers love and positive thoughts are with all of you. Natalie

July 7 at 7:00 PM



## **Memories only last if you share them**

Join us in honoring Mary by contributing to a collection of shared memories.



Scan to Visit

